

"THE RELATIONSHIP OF
BODY, MIND AND SPIRIT"

FROM A LECTURE BY DR. TANOUS:

The whole insight which involves healing is an energy that transforms the consciousness into spirit, and the spirit into the person, and the person into God. Here we have someone ill, someone dying from cancer, someone with a broken bone, someone with a dis-ease for which we cannot find the cause--or another kind of dis-ease--a disharmony in one's own family or in our work. Why? Because consciousness had not been given its place, and consciousness is all that we have to work with.

I said that we are called to the age of the genius. The age of the genius is the age of consciousness. We are in what is called the era of the sacred consciousness--the Spirit. I am not speaking about religion. I am speaking about you made holy--made whole--made alive. You are the individuals who can walk through the earth and be able to handle the situations around you, or help those who have less than you. Marx gave us the social consciousness. Freud gave us the personal consciousness. Jung gave us the psychic consciousness, but Jesus the Christ gave us the greatest consciousness and that is the Spiritual Consciousness. Spiritual Consciousness is that Divine or Higher Mind in man that becomes active and guides him as he reaches toward perfection. Today we are seeking that consciousness, however it has always been with us. Most are blind to the higher levels of awareness and cannot see it. Only

in the Spiritual consciousness will we be able to see the individual healed as well as the total healing of the universe.

We must pierce through the laws that put us down and rise above the rules and regulations that people have added that takes away from the openness of the infinite consciousness of God, and makes you a robot, without faith in yourself.

My one and only teacher in healing is Jesus Christ. He healed the sick, restored sight to the blind and performed many other miracles. He encouraged his followers to love one another and minister to one another. Some of the cures that Jesus performed were brought about by the healing touch of his hands. At other times He healed from a distance and continues to heal in many ways.

Noone has the corner on healing. The medical doctor heals through his medicine, and a mother heals by kissing the wound of her child. An animal licks the wound and it is healed. The tree bows its head and waits for the rain to run through it. There is noone who is not a healer in potential. If you really believe you are a healer, you are. We must be aware that some claim to heal beyond their belief and capacity. Healing can only be achieved through science and the mind--the full use of the mind that God gave us!

Spirituality is not limited to a particular religion. Higher Consciousness is Spirituality, and the power that lives within us is universal and unless we can bring ourselves into the universal healing power of consciousness, then we cannot

heal. You take away from that consciousness by desiring things that you do not need.

I also learned something else about healing. I sent my energy to certain people and later found out that they did not want to live. The family wanted the miracle but my patient did not want it. So, I just said to Spirit: "you take it from here, I withdraw from the healing process, if that is what is best." Within the hour a patient died, but death may be a healing. We may be doing wrong by holding someone here with our energy. We have to be extremely careful in each situation that we do not try to force our will over the soul's destiny. It could prolong the suffering but the soul will still win out.

If we are narrow-minded, or in real stress, or have a great deal of anxiety then the spirit, the body, or the soul is not at ease. It is dis-eased, and it takes away from the power that is within us. We must first learn how to utilize our spiritual consciousness to heal ourselves and to make ourselves whole. We must always remember that all healing is not from me but is because I am attuned to the consciousness of the universe, to the heart and mind of God, and that lets the power flow through me and healing takes place. His healing power flows through everyone of us in different degrees. We may adultrate that power when we believe that we are more or less than we are. We are channels of the universe, and that oneness really means Oneness--that everything is interrelated. If you isolate yourself from that consciousness then you will become ill and will have no power whatsoever.

You are the hands of God. You are the hands of Spirit. It is that Universal healing power, that consciousness, the God power, which heals. With it, we heal each other. We are given this power to heal since the Master Jesus used it. He is the only Master I have known and I realize He is the channel of power given to us. I invoke His power when I send my healing energy to the physically ill.

I have learned a lot working with mental patients as well as other patients. I have wrestled and continue to wrestle with myself regarding my gifts for healing. Sometimes I feel so unworthy having been given these gifts. At other times I take comfort in the words from an inner voice that said: "raise your head my son, and make others realize that I live within them as I live within you. Be yourself and let Me be the One who works with you." For if we are conscious of love, then we are love and the power of love within us can say, like Jesus: "Thy faith has healed you."

Four years ago Dr. Tanous began to develop some preliminary notions of how genetic memory may be able to shed some understanding on how we know things without actually having the personal experience. Carl Jung in his theory of the "Collective Unconscious", states that we inherit a wisdom and experience without ourselves having the personal experience.

Almost everyone involved with their family genealogy tree will identify past relatives as having certain talents which were passed on from one generation to another. History is replete with families that have spawned a series of generations

of highly talented persons in the arts and sciences. It is no mere coincidence that these talents emerge after having been dormant for several generations.

We have all had the experience of being introduced to a concept or an idea for the first time and to have had the impression that: "I must have heard this somewhere before and forgotten about it. Now I am just being re-acquainted with the idea or concept." Quite frequently an investigation bears out the fact that we did indeed hear about this concept for the first time. However, we seemed to have inherited a wisdom that we had been acquainted with the concept in the distant past.

Dr. Tanous believes that the lived experiences of our parents and grandparents are transmitted in the cells as genetic memory much like the inherited traits and vulnerabilities are coded in our genes.

If one is under a great deal of stress, close-minded to the world of the spirit, unsettled, lacks meaning in life, then in my view, the person is in a state of dis-ease with self. There is a lack of harmony between body, mind, and spirit. In order to restore this relationship to a proper balance, it is necessary to heal ourselves by being in tune with God through Spiritual consciousness. We must let go of those unresolved hurts, feelings of revenge, and negative thinking. We must then let the healing power of God flow through us.

The Age of Miracles has not passed, as some believe, because the Age of Miracles has not yet arrived and when it does, as at Pentecost, each one of us will have that flame of

power and understanding descend upon our heads and we shall be made holy--wholly, whole. If there is a reincarnation it is the reincarnation of LOVE in all our hearts.